

# The Rural-Urban Record



"Your **FREE** Weekly Community Newspaper"

"Celebrating 64 Years of Community Service!"  
(440) 236-8982 • [www.rural-urbanrecord.com](http://www.rural-urbanrecord.com)

Presort Std.  
U.S. Postage  
PAID  
Columbia Station,  
Ohio  
Permit #51

POSTAL CUSTOMER-ECRWS

Volume 65 No. 16

Columbia Station, Ohio

October 14, 2019

## CHS Homecoming King and Queen



Columbia High School Homecoming King Carson Heidecker and Queen Tracy Groleau.

## Sweetest Day origins & facts

Observed the 3rd Saturday in the month of October, Sweetest Day observance originated in Cleveland in 1922. Herbert Birch Kingston, a Philanthropist and candy company employee, wanted to bring happiness into the lives of orphans, shut-ins and sweetest day others who were forgotten. With the help of friends, he began to distribute candy and small gifts to the underprivileged.

On the first Sweetest Day, movie star Ann Pennington presented 2,200 Cleveland newspaper boys with boxes of candy to express gratitude for their service to the public.

Another popular movie star, Theda Bara, distributed 10,000 boxes of candy to people in Cleveland hospitals and also gave candy to all who came to watch her film in a local theater.

Primarily a regional observance celebrated in the Great Lakes region and the Northeast, Sweetest Day is gradually spreading to other areas of the country. Ohio is the top state for Sweetest Day sales, followed by Michigan and Illinois. Texas, California and Florida are among the top 10 states in sales.

Over the years, Sweetest Day has evolved into a time to express romantic love and also to show appreciation to friends.

## October Train Rides

The Lake Shore Railway Association, a non-profit organization devoted to the preservation and restoration of the Lorain & West Virginia Railway, will be offering a number of different train rides during the month of October. All rides are pulled by their vintage diesel locomotive and will leave from the historic railroad depot, located in Wellington.

In addition to the annual fall foliage rides, they will be operating two "Pumpkin Patch Limiteds," where everybody gets a train ride and a pumpkin.

For couples looking for something special to do for Sweetest Day weekend, on October 18 and 19, treat your sweetie to wine tasting and a train ride right here in Lorain county.

These events raise funds to cover the costs of operating this historic railroad and its equipment, with the ultimate goal of rehabilitating the railroad to Oberlin and beyond. Tickets can be purchased by visiting <http://www.lwvry.org>. Questions about these rides can be directed to [sales@lwvry.org](mailto:sales@lwvry.org) or by calling (440) 647-6660.

## "Trail Magic: The Grandma Gatewood Story" wins prestigious award

On Saturday, October 5, "Trail Magic: The Grandma Gatewood Story" won the Best Local Documentary Award at the Chagrin Documentary Film Festival. This festival honors filmmakers from around the country and world, with 83 films shown out of several hundred that were submitted.

This film was directed by Peter Huston of FilmAffects of Put-in-Bay and produced by Elyria resident Bette Lou Higgins, founder and artistic director of Eden Valley Enterprises; the script was written by Kelly Boyer Sagert of Lorain.

The documentary tells the story of Emma "Grandma" Gatewood, an Ohio woman who became the first female to solo thru-hike the Appalachian Trail in 1955 at the age of 67 after raising 11 children and surviving domestic abuse. Before she died in 1973, she hiked the AT several times and completed hikes in Oregon, Vermont and Pennsylvania.

Trail Magic appeared on PBS in 2016 and 2017; and, in 2017, was nominated for a Regional National



L-R: Script Writer Kelly Boyer Sagert, Director Peter Huston and Producer Bette Lou Higgins.

Association of Television Arts and Sciences (NATAS) Emmy Award in the "Best Documentary, Historical" category.

It was then chosen to be shown as part of the 10th annual Chagrin Documentary Film Festival in 2019. Sponsored at the festival by the Buckeye Trail Association and Watterson and Associates, the character of Emma Gatewood is portrayed by Anne McEvoy in the film. Other key people in the film's production include editor Peggy Foley and the camera team of Bruce Lundeen and Tom Whaley.

The Chagrin Film Festival Award comes with a \$1,000 prize, and these funds are being used for the team's next film, one about the first woman (an Ohioan!) to run for the president of the United States in 1872, titled "Victoria Woodhull: Shattering Glass Ceilings."

You can find more information online about Trail Magic at <http://tinyurl.com/gatewoodproject> and the Victoria Woodhull project at <https://tinyurl.com/yatvmbt7>.

Submitted by Kelly Boyer Sagert

## 18th annual Zero Proof Mix Off

At the 18th annual Zero Proof Mix Off, a public, no-cost event, attendees sample zero-proof concoctions while increasing their awareness of sober driving and zero-proof drink options. Businesses, agencies, bartenders, student clubs and other groups that want to enter a drink into this competition may apply at [LorainCountyHealth.com](http://LorainCountyHealth.com) by Wednesday, November 6, 2019. The Lorain County Safe Communities Coalition will accept 22 applications.

Nearly 500 people typically attend the Zero Proof Mix Off every year. The event provides a unique and effective opportunity to connect with potential clients and customers while supporting safe driving behaviors. To participate, simply apply, then create and serve a zero-proof drink. Judges choose the best drinks based on taste, presentation and creativity.

This year, the Zero Proof Mix Off is on Thursday, December 5, 2019 at Lorain County Community College Spitzer Conference Center, 189 Innovation Dr., in Elyria. Mixers may set up as early as 3:30 p.m. and judging begins at 5 p.m. The public arrives at 5:30 and the event lasts until 7:30 p.m.

The Lorain County Safe Communities Coalition, conducted through Lorain County Public Health, hosts this event to increase awareness of sober driving and zero-proof holiday drink options. After the Zero Proof Mix Off, all drink recipes from participating groups will be featured in a recipe book that shoppers can pick up at no cost from local Discount Drug Mart locations.

For information on traffic safety and injury prevention on the road, contact Lorain County Public Health at (440) 322-6367, visit [LorainCountyHealth.com](http://LorainCountyHealth.com), and follow them on Twitter @LorainCoHealth, Facebook and YouTube.

Happy Sweetest Day

PG. 13

### Community Directory

Carlisle	12	Grafton Twp.	15	Profile	19
Columbia	4	LaGrange	18	Events	2
Eaton	10	Wellington	16	Shop Local	5
Grafton	14	Churches	6	Classified	21



RESTAURANT & PUB

Since 1983

423 N. Main St, Grafton  
926-2621

[www.graftonunicorn.com](http://www.graftonunicorn.com)

Open: Tues - Sat from 4pm



Fri. Oct 18th & Sat. Oct 19th  
ENJOY OUR "UNI CLAMBAKE"

In a unique presentation with fresh corn "off the cob", redskin potatoes, 8 steamed Middleneck Clams, and a Chicken Breast for \$19.95, or a 5oz Maine Lobster Tail for \$29.95!

Plus! Fresh Steamed Clams  
Nightly WHILE THEY LAST



Fridays

Lake Erie Perch Fry 4-6pm \$10.95

Weekend Features

Prime Rib, Maine Lobster Tail,  
Lobster Bisque & Filet Oscar