



1250 East River St.
Elyria, Ohio 44035

Join us for screenings of TRAIL MAGIC: THE GRANDMA GATEWOOD STORY and VICTORIA WOOHULL: SHATTERING GLASS CEILINGS as part of the Cuyahoga Community College Encore program.

The September 25th programs will be at CCC - Western Campus at 11000 Pleasant Valley Rd. in Parma. TRAIL MAGIC will be at 1:00 p.m. and VICTORIA WOODHULL will be at 3:00 p.m.

The September 29 programs will be at the Brunswick University Center, 3605 Center Road in Brunswick. TRAIL MAGIC will be at 1:00 p.m. and VICTORIA WOODHULL will be at 3:00 p.m.

For complete information of these presentations see Page 10 and use the registration information on Page 5 of this document.

Registration opens for Fall at 10 a.m. on Aug. 13, 2025

Note: The College will be closed on Friday, Oct. 17. We will not have Encore classes on this day.

Fall 2025 SCHEDULE BOOK

Encore 55+ Learning

Celebrating 50 Years



Programs Include:

- Encore Campus Fridays
- Encore On-the-Go (Thurs. and Fri.)
- Neighborhood Scholars (Mon. – Thurs.)



**CELEBRATING 50 YEARS AS
A LEADER IN ADULT EDUCATION**

Full course descriptions at tri-c.edu/encore



**Cuyahoga
Community
College**



TABLE OF CONTENTS

How to Register	4
New Student Orientation	6
NEW Campus Days	9
Encore Campus Fridays: Fall	
Eastern Campus Schedule	10
Western Campus Schedule	12
Encore On-the-Go (Virtual)	
Thursdays	14
Fridays	14
Neighborhood Scholars	15
Course Selection Guide	20

The Encore Value

Encore has provided value for 50 years.

Our Encore Campus Fridays program is \$99 for up to six classes. That is a value of \$16.50 per course or \$2.36 per day! Our Encore On-the-Go program is \$30 per course and Neighborhood Scholars is from \$15-\$99.

Thank you for valuing Encore as we value you!



In accordance with Tri-C's sustainability efforts, this catalog has been reduced to save trees, water and costs. Full course descriptions are available at tri-c.edu/encore.

Save the Date!

See page 8 for information on
Encore's 50th Anniversary Celebration.

The Team



Suzanne Ortiz

*Director
Educational Development,
Entrepreneurship and
Encore 55+ Learning*



Tyra Tate

*Program Coordinator
Encore 55+ Learning
and Educational
Development*



Traci Lyons

*Program Coordinator
Educational Development,
Entrepreneurship and
Encore 55+ Learning*

Site Facilitators

Alicia Ciliberto, Eastern Campus

Terri Kroboth, Western Campus

Our team is available to speak with you
Monday through Friday, 8 a.m. – 4:30 p.m.

**Please call 216-987-2274
or email encore@tri-c.edu.**

WELCOME

Welcome to Encore 55+ Learning at Cuyahoga Community College (Tri-C®).

Encore 55+ Learning is celebrating 50 years of providing education to individuals 55 and older. With the fall, winter, and spring terms (September, January and March), participants have three different opportunities to expand their horizons, engage with ideas, and exercise their minds. The instructors are experts who want to share their passions with you! No homework and tests required — just education, fun, courses, tours and socializing!

Visit tri-c.edu/encore or scan the QR code for more information.



ENCORE CAMPUS FRIDAYS run for seven weeks on Fridays. You can take up to six 50-minute classes each session on topics such as art, exercise, entertainment, history, literature, religion and more. **PAGE 10**

Session:

Fall 2025 | Sept. 26 – Nov. 14

No classes on Oct. 17

Cost: \$99 for up to six courses at a single campus. The same price applies even if you are taking just one course.

ENCORE CAMPUS FRIDAYS LOCATIONS

Eastern Campus

4250 Richmond Road

Highland Hills, Ohio 44122

Recommended Parking:

Lot B3 off Richmond Road

Western Campus

11000 Pleasant Valley Road

Parma, Ohio 44130

Recommended Parking: Lots B and C
off West Pleasant Valley Road

Campus maps and
directions available

at [tri-c.edu/campuses-
and-locations](http://tri-c.edu/campuses-and-locations)



**Registration
opens for Fall at
10 a.m.
on Aug. 13**

ENCORE ON-THE-GO classes meet you where you are. These classes are virtual and run for seven weeks on Thursdays at 2 p.m. and Fridays at 9 a.m., noon, 1 p.m. and 2 p.m. via Webex meetings. **PAGE 14**

Cost: \$30 per course

Cancellation Determination Date

Register by the following dates for
Campus Fridays and On-the-Go, or your
favorite class might get canceled:

Fall: Register by Sept. 19

NEIGHBORHOOD SCHOLARS

offers one-time or short-series opportunities
throughout Greater Cleveland and is presented
in cooperation with community partners.

PAGE 15

CAMPUS DAYS LOCATIONS

Brunswick University Center

3605 Center Rd.

Brunswick, OH 44212

Metropolitan Campus

2900 Community College Ave.

Cleveland, OH 44115

Westshore Campus

31001 Clemens Road

Westlake, Ohio 44145

How To Register Online

No lines. No waiting. Just click, pay and enjoy! **Complete steps 1–3 Now!**

Step 1: Do you have a Tri-C student number (S-Number)?

- **Yes, and I got it within the past year:** Proceed to Step 2.
- **Yes, but I got it more than a year ago:** Complete the online noncredit registration form to update your profile and activate your S-Number before registering. Visit tri-c.edu/NCRegistration.
- **No:** Complete the online noncredit registration form to receive your S-Number. Visit tri-c.edu/NCRegistration. You will receive your student number in your personal email within five to seven business days.



Step 2: If yes in Step 1, check your profile status:

Visit <https://portal2.tri-c.edu/UserStatus>, and enter your S-Number and password.

Use your student email, which starts with your S-Number (e.g., S12345678@acad.tri-c.edu).

The Enrollment Center will host registration assistance days at the Eastern, Western and Westshore campuses. Please find the details below.

Aug. 13 | 9 a.m. – noon | Western Campus at Admissions and Enrollment Services and Info Desk (WSS G100)

Aug. 15 | 9 a.m. – noon | Eastern Campus at Admissions and Enrollment Services (ESS 1600)

Sept. 15 | 10 a.m. – 1 p.m. | Westshore Campus (SHCS 161)

Sept. 17 | 10 a.m. – 1 p.m. | Eastern Campus at Admissions and Enrollment Services (ESS 1600)

Sept. 22 | 10 a.m. – 1 p.m. | Western Campus at Admissions and Enrollment Services and Info Desk (WSS G100)

Step 3: Do you have a password?

- **Yes:** Proceed to Step 4.
- **Yes, but I don't remember it:**
 - Go to <https://portal2.tri-c.edu/UserStatus>
 - Click "Reset Password" and follow the prompts.
 - Log in to confirm your new password.
- **No:**
 - Go to <https://portal2.tri-c.edu/UserStatus>
 - Click "Change Your Password" and follow the prompts.
 - (Note: Your "old" password is your DOB in M/D/YYYY format.)
 - Create a new password, then log in to confirm.

Contact the help desk at 216-987-HELP (4357) for assistance.

Step 4: Select your courses.

Paying by check? Complete Steps 1–3, then visit a campus Enrollment Center to register and pay.

Paying by credit card? Follow the instructions below. **Please note: There is a 2.25% service fee for credit card payments.*

Before you begin: Make sure you have your course selections, S-Number and password ready. You'll need the CRN and course title for each course.

Step 5: Let's get registered!

- Go to tri-c.edu/encore.
 - Choose your desired location or program area.
 - Click the Bundle button or choose your course by clicking on the course name.
 - Click "Add to Cart" on the bundle page.
 - Select your desired courses by clicking the radio buttons next to the course names.
 - Click "Continue" at the bottom of the screen.
 - Sign in to your account using your S-Number and password.
-

Step 6: Set up your authentication.

Once your password is established, you will be required to set up multi-factor authentication (MFA) to access certain Tri-C applications and tools. Federal regulations require the College to use MFA. Visit tri-c.edu/encoremfa for detailed instructions, and contact the Tri-C Help Desk with any questions at 216-987-4357 or HelpDesk@tri-c.edu.

In order to authenticate, enter your student email address (S#@acad.tri-c.edu) and your password. A code will appear on the screen. If you have the app, use this code. If not, click "I cannot use the app right now." You will then be able to send yourself a code via a phone call, text message or email.

Step 7: Make your payment.

- Choose "Credit Card" as your payment method.
 - Enter your card information.*
 - Click "Submit," then wait for the confirmation screen. You'll receive an email once your registration and payment are processed.
-

Step 8: Watch for your welcome email.

A welcome email with class logistics will be sent two to three business days before the course start date.

How To Register In Person

You may register in person and pay by check or money order at any campus Enrollment Center. **Be sure to complete Steps 1-3 above before visiting the Enrollment Center.**

See tri-c.edu/enrollment-center for hours and locations.

*Important Payment Information

Effective July 15, 2014, a 2.25% service fee will apply to all payments made by credit card for Cuyahoga Community College credit and noncredit tuition, fees and other student account charges.

Important Information

Class Schedules and Site Facilitator Locations

Class schedules are accessible in *my Tri-C space*.

- Click the main menu button to the left of the Tri-C logo, then click “Discover” and search “Schedule.”
- Click the “View Schedule” link on the “Schedule and Grades” card.
- Check the communication board at the Site Facilitator desk for important information, including room numbers.

Alicia Ciliberto, Eastern Campus: Student Services building, second floor, across from elevators

Terri Kroboth, Western Campus: Student Services building (B-Wing)

Parking Information

Parking is included in your noncredit course registration fee through the College’s Campus Security and Maintenance Fee.

This fee provides students with unlimited access to all campuses, recreation facilities, technology learning centers, libraries and campus special events without the need to purchase a hangtag. Protected, lighted parking is provided at all campuses.

You may park in any unrestricted parking lot, but parking is prohibited in spaces designated for faculty and staff.

Parking information is available online at tri-c.edu/parking.

Emergency Notifications, Including Campus Closures

- To have emergency alerts sent directly to your home phone or cell, visit *my Tri-C space* (my.tri-c.edu).
- Click the main menu button to the left of the Tri-C logo, then click “Discover” and search “Student Profile.”
- On the Student Profile page, click “Personal Information,” then “Update Address/Phone.”
- Check the contact information that appears under “Alert.” If your info is incorrect, click the blue pencil icon to update.

Course Cancellation

- Courses may be canceled for a variety of reasons.
- You will be notified via email about a course cancellation.

Cancellation Determination Date

- Register by the following dates for Campus Fridays and On-the-Go, or your favorite class might get canceled:
Fall: Register by Sept. 19
- For Neighborhood Scholars, register three days before the class start date.

Cancellation Policy

Please contact us if you are looking to withdraw from any classes.

New to Encore?

Attend our New Student Orientation to learn more about our program and be provided with a tour of the Encore Campus Fridays space. An individual from Enrollment Services will also be on-site to assist with registration.

Friday, Sept. 12

Eastern Campus: 10 – 11:30 a.m. (ESS 2208)

Western Campus: 1 – 2:30 p.m. (WLA B209)

Register at www.tri-c.edu/encoreorientation



Fall 2025 Instructors and Advisory Team

We are fortunate to have outstanding instructors associated with our 55+ Learning programs. Learn more about our instructors at tri-c.edu/meetencoreinstructors.

Aaron Baker, B.A., MHA
Alyssa Wilmot, Instructor
Amanda Nyx, Freelance Instructor
Angela Sanson, Ph.D.
Angela Schaal
Anne Stottler, B.S.
Avery Fromet, J.D.
Barbara Perkins, B.M., M.M.
Beth Parnin, B.S.
Betty Zak, B.S., M.A.
Bonita Prewitt, B.S., MBA
Bonny Carroll, B.A.
Carl Sieke, M.S.
Carol Agnew, B.A.
Charlene Mileti, BFA, M.A., J.D.
Dana Booker, B.S.
Debbie Makowski, Attorney,
ISSA-Certified Personal Trainer,
Nutritionist, Bodybuilder
Dennis Geffert, B.A., M.A.
Diane Wido, RN, BSN, MPS
Frank Thomas, MBA
Gary Anderson, Retired History Teacher,
Veteran Encore Instructor
Gary Arnosk

Gary Klein, M.S., M.A.,
Retired Nursing Home Administrator
Gerry Nemeth, BSEET
Herbert Burns, Former Encore instructor
Jeff Black, B.S., M.Ed., MMA
Jerry Jelinek, B.S.
Jill Hallet, B.A.
Jody Schrock, BFA, Anahat Yoga Instructor,
Reiki Master
Joseph Reardon, Ph.D.
Judi Slack, B.A., M.A., M.Ed.
Judith Rogers, Exercise Psychologist
Julie Koenig, Local Royalist, Past Presenter
Karen Brucken, Certified Health Educator
and Food Over Medicine Instructor
Karin Cottman, Adjunct Professor,
Certified Person, M.A., MDiv
Lauren Persons, Retired English Teacher
Linda Witkowski, M.A.
Lourdes Sanchez, M.S., Health and
Wellness Coach
Marcia Petchers, B.A., M.Ed., Ph.D.
Marilyn Hallenburg, B.A.
Mark Schwartz, B.A., J.D., M.A.
Martha Hall, Ph.D.

Mary Kolk
Mary Kopczynski, Certified BalloFlex Instructor
Mary Lou Fasko
Maureen Huefner, Italian Instructor
Michael Bohnert, Long-Time English Professor
at Lorain County Community College
Milenko Budimir, Instructor
Natalie Rudd, RN, BSN, M.A., CPC, ELI-MP
Neil Oblonsky, Taught ILR
Pat Stropko-O'Leary, RN, B.S., MBA
Patrick O'Leary, M.S., MDiv
Gloria Chaney, Pastor, Chaplain, Adjunct Faculty
Richard Polster, MBA
Robert Wido, MDiv, DMin
Sharon Dundee, BFA
Steven Schecter, B.A., M.S.,
Certified Social Studies Teacher
Susan Ungham, MLS
Ted Smith, B.A.
Terry Greathouse, M.S.
Thomas Hartshorne, Ph.D.
Valerie Williams, Encore Experience Since 2010
Vera Bartasavich, M.Ed., NDTR, MCHES
Walter Topp, M.S., MPA
Wendell Brooker, B.A., MDiv, DMin

Advisory Team

The Encore program is wonderful because of participants like you! The advisory team meets two or three times a year to discuss ways to improve the Encore program and attends promotional events throughout the area on a volunteer basis. Interested in joining? Contact us at encore@tri-c.edu or 216-987-2274.

Eastern Campus

Bob Berkowitz	Mary Garapic	Diane Schmenk
Sandy Berkowitz	Juanita Ingram	Anne Stottler
Alicia Ciliberto	Phil Piccus	Christine Ticknor

Western Campus

Sharon Gettig	Karen Jones	Terri Kroboth
---------------	-------------	---------------

Would you like to teach in the Encore program?

Want to share your passion or expertise with others? Become an instructor with Encore Learning 55+. You don't need a teaching license, advanced degree or certification — just a desire to share your knowledge! Interested? Contact us at encore@tri-c.edu or 216-987-2274 or visit tri-c.edu/encoreinstructors.



50th Anniversary and

Fall in Love

with **Encore**

Encore is turning 50 this Oct. — and we're ready to celebrate in a big way! We invite you to join the fun for two exciting events as we combine the best of Fall in Love with Encore and the 50th Anniversary Celebration. Bring your friends, neighbors and guests to experience the magic of Encore Campus Fridays, and stick around for an unforgettable celebration.

More details are on the way, but for now —
SAVE THE DATE!

Friday, Oct. 10: Western Campus
Friday, Oct. 24: Eastern Campus

Fall in Love With Encore: 9 a.m. – 3 p.m.

50th Anniversary Celebration: 3 – 4:30 p.m.



**Encore 55+
Learning**

Celebrating 50 Years

Campus DAYS

As part of our 50th Anniversary Celebration, we're thrilled to bring the Encore 55+ Learning experience to even more locations! For the first time, we're expanding to the Brunswick University Center, Metro Campus and Westshore Campus.

Our Encore instructors will lead each 90-minute session. A few days before your class begins, you'll receive a welcome email with all the details to get started.

We're excited to offer Encore right on your campus — and with your support, we just might make it a regular part of the Encore experience. We hope you'll join us and discover what makes Encore such a beloved part of lifelong learning!

Trail Magic: The Grandma Gatewood Story

Bette Lou

West | \$18 | CRN 30550

Thursday, Sept. 25, 2025 | 1 p.m. – 2 :30 p.m.

BUC | \$18 | CRN 30552

Monday, Sept. 29, 2025 | 1 p.m. – 2 :30 p.m.

See *Trail Magic: The Grandma Gatewood Story*, an Emmy-nominated documentary, and celebrate the 70th anniversary of Ohioan Emma Gatewood's historic solo hike on the Appalachian Trail. When she did it in 1955, she was the first woman to make the hike. She was 67 years old at the time, had raised 11 children and survived domestic abuse. A Q&A will follow the film.

Victoria Woodhull: Shattering Glass Ceilings

Bette Lou

West | \$18 | CRN 30551

Thursday, Sept. 25, 2025 | 3 – 4:30 p.m.

BUC | \$18 | CRN 30553

Monday, Sept. 29, 2025 | 3 – 4:30 p.m.

Victoria Woodhull: Shattering Glass Ceilings is a new documentary about Ohioan Victoria Woodhull, our first female presidential candidate. She ran in 1872 during a time when women couldn't even vote, and she was too young to even be a candidate!

Near Death Experiences

Ted Smith

BUC | \$18 | CRN 30554

Tuesday, Oct. 21, 2025 | 9 a.m. – 10:30 a.m.

Metro | \$18 | CRN 30556

Tuesday, Oct. 28, 2025 | 9 a.m. – 10:30 a.m.

Some people who have died and been revived claim to have visited heaven. People from vastly different cultures, geographies and even religions report similar core experiences. Are these hallucinations of a brain in the last moments of life? What are the spiritual implications of these many experiences?

Blast From Northeast Ohio Past

Gerry Nemeth

Metro | \$18 | CRN 30555

Wednesday, Oct. 8, 2025 | 1 – 2 :30 p.m.

We will explore a few Northeast Ohio places that no longer physically exist but hold fond memories: the Richfield Coliseum (1974-1994), the Cleveland Municipal Stadium (1931-1993) and the Front Row Theater (1974-1993). Enjoy prizes and a few surprises!

The Best Northeast Ohio Fall Road Trips

Milenko Budimir

Westshore | \$18 | CRN 30557

Wednesday, Oct. 15, 2025 | 10 – 11:30 a.m.

It's fall in Northeast Ohio, and the open road beckons! Join us as we explore some of the best single-day road trips in the area. We'll look at places to explore and things to see and do to make the most of the fall season in Northeast Ohio.

Pilates Mat

Alyssa Wilmot

Westshore | \$9 | CRN 30558

Wednesday, Nov. 5, 2025 | 10 a.m. – 10:45 a.m.

Join us for a gentle Pilates mat exercise that targets the core and muscle groups, focusing on strength, stability, flexibility and mobility. **Supplies needed: Mat and Theraband.**

Dance Basics

Alyssa Wilmot

Westshore | \$9 | CRN 30559

Wednesday, Nov. 5, 2025 | 11 a.m. – 11:45 a.m.

Listen to great music as we learn line dances and other dance styles for fun and gentle exercise. No experience required — open to all levels!

Sept. 26 – Nov. 14 No classes on Oct. 17 | **9 a.m. – 3 p.m.**

\$99 – The same price applies even if you are taking just one course.

COURSE	INSTRUCTOR	CODE	CRN
9-9:50 a.m.			
NEW Art for Beginners	Sharon Dundee	ZELD5072	30363
Balloflex (Seated Chair Exercise Program)	Mary Kopczynski	ZELD5078	30406
NEW Feelings Make the World Go 'Round!	Mary Lou Fasko	ZELD5099	30462
NEW God and Human Consciousness	Ted Smith and Joe Kolecki	ZELD5110	30411
Heroes of the Holocaust	Avery Fromet	ZELD5118	30425
NEW History of Comedy in America I	Neil A. Oblonsky	ZELD5122	30432
NEW The Diverse Paths of Love	Charlene Mileti	ZELD5164	30368
NEW The Most Famous Classical Music Pieces of All Time	Richard Polster	ZELD5171	30375
NEW The Rat Pack Singers	Jerry Jelinek	ZELD5174	30378
NEW The Rise and Fall of Disco	Frank Thomas	ZELD5176	30380
Type 2 Diabetes CAN Be Reversed	Mary R. Kolk	ZELD5189	30386
Understanding Long-Term and Assisted Living Facilities	Gary Klein	ZELD5192	30389
10-10:50 a.m.			
A Bit of Germany	Angela Schaal	ZELD5058	30343
American Social History: The Depression as Seen Through the Lens of Hollywood Cinema (1931-1941)	Mark Schwartz	ZELD5067	30477
NEW Force or Grace? The Legacy of the Enlightenment	Charlene Mileti	ZELD5102	30465
NEW God and Your Brain	Ted Smith	ZELD5113	30419
NEW History of Comedy on the Air, From Lucy to Modern Family	Neil A. Oblonsky	ZELD5123	30438
Inventions That Changed the World	Avery Fromet	ZELD5128	30444
Speakers Series: Explore, Enrich, Engage	Betty Zak	ZELD5156	30352
NEW The Space Race in the Cold War	Frank Thomas	ZELD5186	30383
NEW When Children Parent Their Parents	Gary Klein	ZELD5195	30392
10-11:50 a.m.			
NEW Abstract Mixed Media Art	Sharon Dundee	ZELD5064	30468
11-11:50 a.m.			
NEW 12 Things Healthy People Do While Hospitalized	Natalie Rudd	ZELD5057	30341
Anahat Ageless Chair Yoga	Jody Schrock	ZELD5070	30361
Gardener's Gazette	Marilyn Hallenburg	ZELD5106	30401
Gray Matter Matters — Aging and Your Brain	Mary Lou Fasko	ZELD5116	30422
NEW History of Comedy — Silent Films to 1960	Neil A. Oblonsky	ZELD5121	30430
Learn German for Fun, for You, for Travel...	Angela Schaal	ZELD5131	30449
Music of Laurel Canyon	Frank Thomas	ZELD5136	30461
The '60s in America	Thomas Hartshorne	ZELD5185	30382
Topics in Environmental Science	Angela J. Sanson	ZELD5187	30384
World Mysteries	Avery Fromet	ZELD5197	30396
Noon-12:50 p.m.			
Ancient Yoga Breath	Jody Schrock	ZELD5071	30362
NEW Art Skills — It's No Secret!	Carol A. Agnew	ZELD5074	30403
NEW British Royal Scandals	Julie E. Koenig	ZELD5086	30418

COURSE	INSTRUCTOR	CODE	CRN
Noon-12:50 p.m. (continued)			
CANCELED Character Development for the Underdeveloped	Herbert A. Burns	ZELD5087	30424
NEW Climate Change: Exploring the Data	Angela J. Sanson	ZELD5089	30429
NEW Drawing	Angela Schaal	ZELD5096	30443
Fun With Italian	Maureen Huefner	ZELD5105	30400
Powerhouse Pilates	Judith J. Rogers	ZELD5144	30484
NEW Scriptwriting for Beginners	Dana Booker	ZELD5151	30342
NEW Serenity Through Music	Barbara Perkins	ZELD5153	30346
NEW Tarotpy: Using Tarot for Self-Discovery, Reflection and Growth	Amanda Nyx	ZELD5160	30364
Noon-1:50 p.m.			
Art Potpourri	Anne M. Stottler	ZELD5073	30471
1-1:50 p.m.			
NEW An Expeditious Jaunt Through the New Testament	Rev. Gloria Chaney	ZELD5068	30359
Beginning Line Dancing	Beth Parnin	ZELD5082	30412
NEW Cleveland Rocks! (and You Will, Too)	Gerry Nemeth	ZELD5315	30520
NEW Free Weights, Bands and Balance as We Age: Adaptations and Alternatives	Judith J. Rogers	ZELD5103	30398
NEW Musical Works Featuring Violin/Fiddle	Barbara Perkins	ZELD5137	30467
NEW Seven Wonders of the World: Your Chakras	Jody Schrock	ZELD6101	30347
Stop the Scammers	Bonita Prewitt	ZELD5158	30354
CANCELED The Failure of Black History Month and Black Studies	Herbert A. Burns	ZELD5165	30369
NEW The Panama Canal	Steven Schecter	ZELD5172	30376
NEW The Secret to Mastering Life in Your 50s and Beyond	Natalie Rudd	ZELD5177	30381
2-2:50 p.m.			
NEW An Expeditious Jaunt Through the Old Testament Scriptures	Rev. Gloria Chaney	ZELD5069	30360
CANCELED Diabetes Basic Education	Vera Bartasavich	ZELD5094	30436
Fun With Fitness	Beth Parnin	ZELD5104	30399
Learning To Read Labels and How Your Digestive System Works	Lourdes Sanchez	ZELD5132	30450
NEW Northern vs. Southern Hemisphere Wines	Carol A. Agnew	ZELD5138	30470
NEW Ritual: The Human Need for Cultural and Faith Expressions	Kevin C. Shemuga	ZELD5147	30490
NEW The History of Ohio's Underground Railroad: A Theological Tug of War	Herbert A. Burns	ZELD5168	30372
NEW Waning, Waxing, Full and New Moon Yoga	Judith J. Rogers	ZELD5193	30390

View full course descriptions and register online at tri-c.edu/encore.
Find instructions to register on page 4.

Sept. 26 – Nov. 14 No classes on Oct. 17 | **9 a.m. – 3 p.m.**

\$99 – The same price applies even if you are taking just one course.

COURSE	INSTRUCTOR	CODE	CRN
9-9:50 a.m.			
NEW A Journey Into the Human Body: The Cardiovascular System	Terry E. Greathouse	ZELD5062	30351
Bible Flyover	Diane Wido	ZELD5083	30414
NEW Diet Choices Explained	Karen Brucken	ZELD5095	30437
NEW Intro to Esoteric Philosophy and Applied Spirituality	Aaron Baker	ZELD5129	30445
NEW Serenity Through Music	Barbara Perkins	ZELD5152	30344
NEW The Love That Derailed the Empire: Napoleon and Josephine	Betty Zak	ZELD5169	30373
TV Game Show Fun!	Gerry Nemeth	ZELD5188	30385
NEW Understanding Current Events: A Guide for Americans	Walter Topp	ZELD5191	30388
NEW Watercolor Journaling and Art	Bonny Carroll	ZELD5194	30391
9-10:50 a.m.			
NEW Artificial Intelligence Fundamentals With Generative AI Lab	Gary Arnosk	ZELD5075	30473
10-10:50 a.m.			
NEW A Storm Rising in the West	Terry E. Greathouse	ZELD5063	30353
Beginner Line Dance	Martha Hall	ZELD5081	30410
Book Folding	Jill Hallet	ZELD5085	30417
NEW CPR for the USA: Reviving Democracy With the Constitution	Patrick O'Leary	ZELD5090	30431
CANCELED Fitness: Strength and Sculpt	Debbie Makowski	ZELD5100	30463
Food Myths	Karen Brucken	ZELD5101	30464
NEW How We Got the Bible	Robert Wido	ZELD5127	30442
NEW Jesus: The Man, the Myth, the Mystery	Wendell Brooker	ZELD5130	30447
NEW Ritual: The Human Need for Cultural and Faith Expressions	Kevin C. Shemuga	ZELD5146	30485
Speakers Series: Explore, Enrich, Engage	Betty Zak	ZELD5157	30350
Write to Right	Lauren Persons	ZELD5198	30397
11-11:50 a.m.			
NEW A Cleveland Sampler: People, Places and Moments From Cleveland History, Vol. 1	Walter Topp	ZELD5060	30345
AI TED Talks: The Sequel	Susan Ungham	ZELD5066	30357
NEW Book Folding Advance	Jill Hallet	ZELD5314	30519
NEW Cleveland Rocks! (and You Will, Too)	Gerry Nemeth	ZELD5088	30427
NEW Envisioning America: Winslow Homer and Norman Rockwell	Wendell Brooker	ZELD5098	30448
Gardener's Gazette	Marilyn Hallenburg	ZELD5107	30402
High Beginner and Improver Line Dance	Martha Hall	ZELD5119	30426
Live Like the Blue Zones	Karen Brucken	ZELD5134	30451
CANCELED Nutrition: How To Eat To Feel Vibrant and Energized	Debbie Makowski	ZELD5139	30472
NEW Political Parties in the United States and Elections	Jeff Black	ZELD5142	30481
NEW The Feminine Mystique — The Power of Women	Mary Kolk	ZELD5166	30370

COURSE	INSTRUCTOR	CODE	CRN
11-11:50 a.m. (continued)			
NEW The Rat Pack Singers	Jerry Jelinek	ZELD5175	30379
Women Erased: Significant Women of Christianity	Pat Stropko-O'Leary	ZELD5198	30395
Noon-12:50 p.m.			
A Few Interesting Characters	Linda Witkowski	ZELD5061	30349
Balloflex (Seated Chair Exercise Program)	Mary Kopczynski	ZELD5079	30408
NEW Ban This at My Library!	Susan Ungham	ZELD5080	30409
NEW Dance Through the Decades	Alyssa Wilmot	ZELD5092	30434
NEW Energy Options for Planet Earth	Joseph P. Reardon	ZELD5097	30446
NEW God and Human Consciousness	Ted Smith and Joe Kolecki	ZELD5111	30413
NEW Hollywood Goes to War! Movies, Stars and Stories of World War II	Judi Slack	ZELD5124	30439
NEW Hollywood Musicals, Part IV (1970s)	Gary Anderson	ZELD5126	30441
Muscle Conditioning	Karin Cottman	ZELD5135	30458
NEW The American Short Story	Michael Bohnert	ZELD5163	30367
The Power of Connection and Purpose	Mary Kolk	ZELD5173	30377
1-1:50 p.m.			
NEW Baby Boomers in the 1960s and '70s: Went to School, Went to War, Went to Work, Part 2	Dennis Geffert	ZELD5076	30478
Balance, Strength and Core	Karin Cottman	ZELD5077	30404
Dance Basics	Alyssa Wilmot	ZELD5091	30433
Demystifying the Technology in Your Life	Linda Witkowski	ZELD5093	30435
NEW God and Your Brain	Ted Smith	ZELD5114	30420
Road Tripping Through Ohio	Milenko Budimir	ZELD5148	30491
NEW Sacred Spaces — The Splendor of Divine Sanctuaries	Judi Slack	ZELD5149	30492
TED Talks, the Sequel	Susan Ungham	ZELD5162	30366
Type 2 Diabetes CAN Be Reversed	Mary R. Kolk	ZELD5190	30387
2-2:50 p.m.			
Genesis and the Big Bang	Ted Smith	ZELD5108	30405
NEW Heroes in the Sky: Great American Fliers and Aircraft of World War II	Dennis Geffert	ZELD5117	30423
NEW Historic Gems Hidden in Plain Sight!	Mary R. Kolk	ZELD5120	30428
Philosophy of Technology	Milenko Budimir	ZELD5140	30475
Pilates	Alyssa Wilmot	ZELD5141	30494
Sign Language Is Fun!	Valerie B. Williams	ZELD6100	30348
Strength Circuit Training	Karin Cottman	ZELD5159	30355
NEW Tarotpy: Using Tarot for Self-Discovery, Reflection and Growth	Amanda Nyx	ZELD5161	30365
NEW The Golden Door: Immigration in America, 1750-2025	Walter Topp	ZELD5167	30371
NEW Wicked Ladies: Infamous Women Poisoners	Judi Slack	ZELD5196	30393

View full course descriptions and register online at tri-c.edu/encore.

Find instructions to register on page 4.

Encore

On-the-Go

Thursdays and Fridays Virtual – Fall

Encore On-the-Go is an interactive virtual course that has a live instructor broadcasted from the Western Campus. Hosted on Webex, an online platform, these classes meet you where you are. These 50-minute classes run for seven weeks, and students can take multiple classes each session.

Need help with Webex? Visit our Learning Center at tri-c.edu/online-learning/technology-resources/Webex.html

or contact us via phone/email:
216-987-2274 | encore@tri-c.edu



Fall 2025

- **Thursdays | 2 p.m.**
Fall: Sept. 25 – Nov. 13
- **Fridays | 9 a.m., noon, 1 p.m. and 2 p.m.**
Fall: Sept. 26 – Nov. 14
No classes on Oct. 17

• Virtual via Webex meetings **\$30 per course**

FALL Thursdays, Sept. 25 – Nov. 13

COURSE	INSTRUCTOR	CODE	CRN
2-2:50 p.m.			
Book Discussion Group	Marcia Petchers	ZELD5084	30415

FALL Fridays, Sept. 26 – Nov. 14 *No classes on Oct. 17*

COURSE	INSTRUCTOR	CODE	CRN
9 – 9:50 a.m.			
NEW The Love That Derailed the Empire: Napoleon and Josephine	Betty Zak	ZELD5170	30374
Noon – 12:50 p.m.			
NEW God and Human Consciousness	Ted Smith and Joe Kolecki	ZELD5112	30416
NEW Hollywood Goes to War! Movies, Stars and Stories of World War II	Judi Slack	ZELD5125	30440
1-1:50 p.m.			
NEW God and Your Brain	Ted Smith	ZELD5115	30421
NEW Sacred Spaces — The Splendor of Divine Sanctuaries	Judi Slack	ZELD5150	30493
2-2:50 p.m.			
Genesis and the Big Bang	Ted Smith	ZELD5109	30407
NEW Wicked Ladies: Infamous Women Poisoners	Judi Slack	ZELD5197	30394

Visit tri-c.edu/encoreonthego or scan the QR code for more information.



Neighborhood Scholars

Neighborhood Scholars takes Encore into the community with off- and on-campus courses and tours presented in cooperation with community partners. These are one-time or short-series opportunities held throughout Greater Cleveland.

- Held various weekdays, Monday through Thursday.
- All Neighborhood Scholars participants must register at least three days before the class starts.
- Dates and times are subject to change.
- Parking is located at each Neighborhood Scholar session. At times, an additional fee will be needed, which is not part of the course fee. Details will be provided in the welcome email.

Withdrawals

Please contact us if you are looking to withdraw from any class as a refund might not be allowed depending upon the timeframe.

Refunds

You will receive a full refund for any canceled courses.

Visit tri-c.edu/neighborhoodscholars or scan the QR code for more information.



GREATER CLEVELAND PARTNERS

Questions: Nancy Farinacci at 216-987-4087 or Nancy.Farinacci@tri-c.edu

SEPTEMBER

Cleveland Cultural Gardens

Rockefeller Park

750 E 88th St, Cleveland, OH 44108
(directions to be provided)

\$30 | CRN 30562

Wednesday, Sept. 10, 2025 | 10:30 a.m. – 12:30 p.m.

Join us for a tour of the Cleveland Cultural Gardens, a unique collection of 36 beautifully designed gardens, each cultivated by a distinct cultural or national group, honoring influential figures, poets, philosophers and German Gardens on this tour. The tours will begin at Rockefeller Park (directions will be provided).

Progressive Field

2401 Ontario St, Cleveland, OH 44115

\$35 | CRN 30563

Monday, Sept. 15, 2025 | 10:30 a.m. – Noon

Experience the excitement of Progressive Field, home of the Cleveland Guardians, on an unforgettable behind-the-scenes tour. Explore iconic areas like the team store, the Carnegie Club and the high-tech press box where the media cover the action. Step into the dugout, walk through the clubhouse where players prepare for the game, and so much more as you tour one of Major League Baseball's most beloved ballparks!

(continued on next page)

Cuyahoga Community College Metro Campus Tour

**Advanced Technology Training Center
and Manufacturing Technology Center**

2900 Community College Ave., Cleveland, 44115

\$50 | CRN 30564

Thursday, Sept. 18, 2025 | 10:30 a.m. – 1:30 p.m.

Join us for a guided tour of two of Tri-C's most innovative facilities: the KeyBank Advanced Technology Training Center (ATTC) and the Manufacturing Technology Center (MTC). You will explore ATTC's cutting-edge labs and classrooms designed for workforce training in high-demand fields, such as automation, robotics and information technology. The MTC tour will showcase state-of-the-art equipment and hands-on learning spaces that prepare students for careers in advanced manufacturing, highlighting our commitment to career readiness, innovation and technical excellence. Following these tours, we will gather for lunch at Alere, our Hospitality Management student-run café, in the Jerry Sue Thornton Center at 2500 E. 22nd St.

St. Colman Catholic Church Tour

St. Colman

2027 West 65th Street, Cleveland, 44102

\$20 | CRN 30565

Monday, Sept. 22, 2025 | 9:30 a.m. – 10:30 a.m.

Discover the rich history of the St. Colman Catholic Church, founded in 1880 to serve Cleveland's Irish immigrant population. The church stands as a lasting symbol of faith, heritage and community, featuring breathtaking architecture and deep cultural roots. Materials such as the communion rail, pulpit and Stations of the Cross were shipped from Rome to Ireland, and the twin 130-foot bell towers extend from a two-story central pavilion.

St. Stephen's Roman Catholic Church Tour

St. Stephen

1930 West 54th Street, Cleveland, 44102

\$20 | CRN 30566

Monday, Sept. 22, 2025 | 11 a.m. – Noon

Take a step back in time with a tour of St. Stephen's Roman Catholic Church, included in the National Register of Historic Places in 1977. This church is known for its stunning Gothic architecture, vibrant stained-glass windows and rich German-American heritage, offering a glimpse into the city's Catholic roots and artistic legacy.

Soldiers' and Sailors' Monument and Old Stone Church Tour

Soldiers' and Sailors' Monument

3 Public Square, Cleveland, 44115

Old Stone Church

91 Public Square, Cleveland, 44113

\$40 | CRN 30567

Wednesday, Sept. 24, 2025 | 10:30 a.m. – 2 p.m.

Join us as we begin the tour at the Soldiers' and Sailors' Monument, a national historical landmark commemorating the American Civil War. It includes a 125-foot column surrounded at its base by the Memorial Room and esplanade, signifying the essence of the nation Cuyahoga County veterans were willing to — and did — give their lives for. This tour will include the tunnels under the monument, which were built in 1891. After stopping for lunch at the newly renovated Rejuv eatery at Public Square, we will journey over to the majestic, iconic, stately Old Stone Church, the symbol of the city's birth and development and home to the second oldest religious organization in Cleveland.

Cleveland Hopkins International Airport Tour

5300 Riverside Drive, Cleveland, 44135

\$35 | CRN 30568

Tuesday, Sept. 30, 2025 | 10 a.m. – 12:30 p.m.

Get ready for takeoff as we tour the Cleveland Hopkins International Airport. We will learn about air traffic control, airport and tower operations, TSA, K-9 training, the airfield and more.

OCTOBER

Little Italy Tour

East 119th-East 125th Streets, Cleveland
(Murray Hill and Mayfield Road)

\$50 | CRN 30569

Monday, Oct. 13, 2025 | 10 a.m. – Noon

Join our tour guide and facilitator, Barb Snow, as we experience the vibrant heart of Cleveland's Little Italy, filled with culture, history and flavor. We will visit Holy Rosary Church, a cornerstone of the community, and explore the Italian American Museum of Cleveland, celebrating the rich heritage of Italian immigrants. After strolling through the landmark of Tony Brush Park, named after a local boxing legend, we will enjoy a sweet stop at the authentic Presti's Bakery.

Cuyahoga County Archives Tour

3951 Perkins Avenue, Cleveland, 44114

\$20 | CRN 30570

Wednesday, Oct. 15, 2025 | 10 a.m. – 11:30 a.m.

Explore local history with a visit to the Cuyahoga County Archives, a division of the Department of Public Works. The archives offer a fascinating look into historical records, photographs, maps and documents that preserve the civic and cultural legacy of Cuyahoga County, providing valuable insights into the region's past and its people.

Miceli's Cheese and Dairy Products: The History and Science of Cheesemaking

2021 East 90th Street, Cleveland, 44104

\$20 | CRN 30571

Tuesday, Oct. 21, 2025 | 10:30 a.m. – Noon

Join us as Gilbert DiSanto, the director of sustainability initiatives at the Miceli Dairy Products Company, provides an educational presentation on the history and science of cheesemaking and dairy products, including presses, molds, thermometers, aging mats, waxes and more to create the right texture and flavor for various kinds of cheese.

Tri-C's East Side Excellence: Exploring Eastern Campus and Corporate College® East

Eastern Campus – 4250 Richmond Road,
Highland Hills, 44128

Corporate College East – 4400 Richmond Road,
Warrensville, 44128

\$40 | CRN 30572

Thursday, Oct. 23, 2025 | 9:30 a.m. – 12:30 p.m.

Join us for a tour of Tri-C's Eastern Campus, where we will explore the Jack, Joseph and Morton Mandel Humanities Center and Corporate College® East. At the Jack, Joseph and Morton Mandel Humanities Center, you will learn how humanistic research is used to develop civic-minded leaders who have thought broadly and profoundly about the human condition. We will move on to Corporate College East, designed for individuals and businesses to enhance their high-end technology skills and explore a wide range of leadership and professional development opportunities to succeed in today's workplace. Breakfast will be included during the tour in the Mandel Center lobby.

K-9 Training

Jerry Sue Thornton Center
2500 East 22nd Street, Cleveland, 44115

\$20 | CRN 30573

Wednesday, Oct. 8, 2025 | 10:30 a.m. – Noon

Brought back by popular demand, you won't want to miss this intriguing presentation of the skill sets used to train our K-9s who are part of the Cleveland Police Department. Scout (the dog!) and his officer will be on hand to demonstrate the techniques used to conduct searches and commands in investigative situations.

NOVEMBER

St. John's African Methodist Episcopal Church Tour

2261 East 40th Street, Cleveland, 44103

\$20 | CRN 30574

Wednesday, Nov. 5, 2025 | 10:30 a.m. – Noon

Join us as we learn about the beginning of St. John's African Methodist Episcopal Church, the first African-American church established during the Antebellum Period. The original congregation of St. John's was chartered in 1836 by a small group of ex-slaves. The group continued to grow, and service members moved the church to 2261 E. 40th St. in 1908. As racial tensions continued to increase after World War I, membership grew to over 3,000 after World War II. Previous speakers hosted at St. John AME include Booker T. Washington and W.E.B. Du Bois. Marian Anderson also held her first concert in Cleveland at the church in 1919. St. John AME was recognized as a Cleveland historical landmark in 1974 and was placed on the National Register of Historic Places in 1982.



Tri-C's Sound of Music Tour

Tommy and Gil LiPuma Creative Arts Center/
Rock n Roll Hall of Fame Archives

3809 Woodland Avenue, Cleveland, 44115

\$20 | CRN 30575

Monday, Nov. 10, 2025 | 10 a.m. – Noon

Tour Tri-C's Gill and Tommy LiPuma Center for Creative Arts, which houses one of the most innovative and prestigious national recording arts studios, media arts, animation and music technology labs, in addition to dance and theater studios. Partnered with Tri-C in the same building is the Rock & Roll Hall of Fame Library and Archives.

Museum of American Porcelain Art Tour

4645 Mayfield Road, South Euclid, 44121

\$35 | CRN 30576

Thursday, Nov. 13, 2025 | 10 a.m. – 11:30 a.m.

The Museum of American Porcelain Art is the world's most comprehensive collection of American porcelain art, making it a popular destination and a vital part of the cultural and educational amenities that Greater Cleveland offers residents and visitors.

Some months may change due to the availability of venues.

MUSEUM AND CANALWAY

Questions: Tyra Tate at 216-987-2274 or encore@tri-c.edu

OCTOBER

CMA Up Close – The Art of Daily Life

Presented by the Cleveland Museum of Art

Cleveland Museum of Art

11150 East Blvd., Cleveland, OH 44106

\$99 | CRN 30560

Tuesdays | Oct. 7 – November 11, 2025

10:30 – 11:30 a.m.

\$99 | CRN 30561

Thursdays | Oct. 9 – Nov. 13, 2025

10:30 – 11:30 a.m.

The objects we surround ourselves with in life and in death have many stories to tell. We often learn about the lives of ancient cultures through the objects made for their homes and their burial spaces. From tableware to furniture to textiles, similar kinds of artwork are still valued in our lives today. We might categorize these items as decorative arts, but throughout history, they have been prized for their utility, beauty and symbolism. Session topics will include the special focus gallery exhibition *Rose Iron Works* and Art Deco as well as various decorative arts across the museum's exhibitions and permanent collection. All sessions are held at the Cleveland Museum of Art. This on-site course involves walking through the museum galleries and may also include slide presentations in the museum's lecture hall and viewing objects from the Education Art Collection in a classroom space. Assistive listening devices are available for use in the museum.

Canal Way Tour

CanalWay Center, Cleveland Metroparks

4524 E. 49th St., Cuyahoga Heights, OH 44125

Date and time coming soon!

See the splendor the season brings to the Ohio and Erie Canal Reservation via fully enclosed cart. Your guide will discuss the natural and cultural history of the park, including the Ohio and Erie Canal, the Cuyahoga River and flora and fauna along the way. Tours take place rain or shine. Cart holds 7 passengers and includes space for one wheelchair.

COURSE SELECTION GUIDE

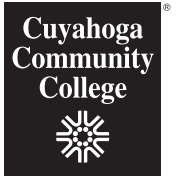
ONLINE:

Visit tri-c.edu/encore and select "Register Online" from the campus page. See page 4 for online registration instructions.

IN PERSON:

Visit any of our campus enrollment centers. Hours and locations are posted at tri-c.edu/enrollment-center.

**Registration
opens Aug. 13
at 10 a.m.**



Note: The College will be closed on Friday, Oct. 17. We will not have Encore classes on this day.

ENCORE CAMPUS FRIDAYS SCHEDULE / THE SAME PRICE APPLIES EVEN IF YOU ARE TAKING JUST ONE COURSE.

View course descriptions at tri-c.edu/encore.

Time Slot	5-Digit CRN					Title	Location
9 a.m.							
10 a.m.							
11 a.m.							
Noon							
1 p.m.							
2 p.m.							
							Bundle Fee Total \$99

ON-THE-GO VIRTUAL COURSES / \$30 PER COURSE

View course descriptions at tri-c.edu/encore.

Start Date	5-Digit CRN					Title	Location	Fee
								On-the-Go Virtual Total \$ _____

NEIGHBORHOOD SCHOLARS

See course information beginning on page 15.

Start Date	5-Digit CRN					Title	Location	Fee
								Neighborhood Scholars Fee Total \$ _____

View full course descriptions and register online at tri-c.edu/encore. Find instructions to register on page 4.

CAMPUS DAYS

See course information beginning on page 9.

Start Date	5-Digit CRN					Title	Location	Fee
							Campus Days Fee Total \$ _____	

Grand Total _____

Notes



Know someone who might
be interested in Encore?

**Want us to send
them a catalog?**

MAIL:

Encore, Corporate College® East
4400 Richmond Road
Warrensville Heights, Ohio 44128

EMAIL:

encore@tri-c.edu

Name: _____

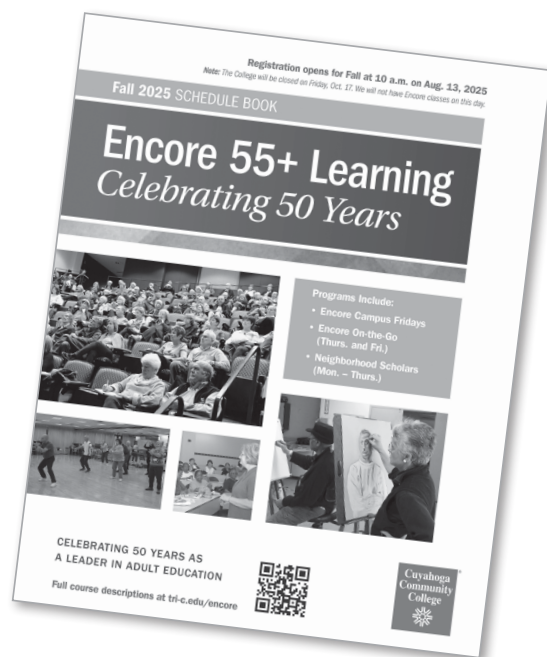
Email: _____

Home Address: _____

Apt.: _____

City: _____ **ZIP:** _____

Referred by (your name): _____



**Or scan the
QR code:**



Join us for other opportunities

Community Education at Tri-C



What are you waiting for? Learn something new today. Tri-C offers a variety of community education courses taught by experts that promote individual development and improve your overall quality of life. Learn more at tri-c.edu/commed.



Want to share your passion or expertise with others? Become an instructor with Encore Learning 55+. You don't need a teaching license, advanced degree or certification — just a desire to share your knowledge! Interested? Contact us at encore@tri-c.edu or 216-987-2274 or visit tri-c.edu/encoreinstructors.



Program 60

Through Program 60, Ohio residents ages 60 and older may register for regularly scheduled credit and noncredit courses on an audit, tuition-free, space-available basis. You must register in person at an Enrollment Center.

MORE INFORMATION

tri-c.edu/program60 | 216-987-6000 | enroll@tri-c.edu



Cuyahoga Community College
Corporate College® East
4400 Richmond Road
Warrensville Heights, OH 44128

Non-Profit
U.S. POSTAGE
PAID
Cleveland, Ohio
Permit No. 3675